



Fred Brown-Lake Winnepesaukee Relay Entry

Saturday September 25, 2004 8:00AM Start

Entry Fee \$150 per Team for all entries received before August 15th
 Fee for entries received after August 15th \$170 per team

Race Starts and finishes at the Fun Spot in Weirs Beach, NH.

Eight Person Team competition around beautiful Lake Winnepesaukee, NH

Lots of Awards	20 divisions!	All mixed teams must consist of 4 men and 4 women	
Mens Under 20	Women Under 20	Mixed Under 20 (4m 4w)	Law Enforcement Division
Mens Open	Women's Open	Mixed Open (4m 4w)	Firefighters Division
Men's Master	Women's Master	Mixed Master (4m 4w)	
Men's Senior	Women's Senior	Mixed Senior (4m 4w)	
Men's Veteran	Women's Veteran	Mixed Veteran (4m 4w)	
Corporate Men	Corporate Women	Mixed Corporate (4m 4w)	

For additional information call Ken Robichaud at 978-534-4891 or e*mail at kenrob44@aol.com

Checks to: North Medford Club Mail to: Marge Gladwin 16 Village View Rd Westford, MA 01886

Estimated Team finish time _____ Max 10 hour rule to be used. Race Packet will have instructions

Team Captain _____ Address and Tel Number _____

Team Name _____ Corporation or Club affiliation _____

Team Divison _____ Shirt Sizes for team (8) S _____ M _____ L _____ XL _____

Team Email contact _____

	Runners				
	Name	Address	Age	Sex	Signature
Distance	Leg #				
10.7 Miles	1.				
11.0 Miles	2.				
9.3 Miles	3.				
4.0 Miles	4.				
10.8 Miles	5.				
6.4 Miles	6.				
8.5 Miles	7.				
4.4 Miles	8.				

Please enter our team in the Lake Winni Relay race. We agree to assume all responsibility for all risk of damage or injury to us as participants in this event. In consideration of acceptance I hereby for the team, myself, our heirs, executors and administrators, release and discharge any and all individuals and organizations associated with this race, from all claims, damages, rights of action, present or future, whether the same be known, anticipated or unanticipated, resulting from or arising out of, or in incident to, our participation in this event. I hereby certify that we will not participate in the race unless we are physically fit and sufficiently trained for competition. I understand that pacing, bicycles, skateboards, baby joggers or strollers, roller skates or blades and animals are not allowed in the race and we will abide by this guideline. Also we understand that there is no drinking of alcoholic beverages or public urination allowed anywhere on the course during this event.



For More information about leg distances etcetera, [click here](#)